

2014 BREAKOUT SESSIONS (DRAFT)

| LOCATION | CLINICAL MH IND TRAUMA ACADEMY | ETHICS & LEGAL ISSUES ACADEMY | COLLEGE & CAREER ACADEMY | SCHOOL COUNSELING ELE/MIDDLE | SCHOOL COUNSELING MIDDLE/HIGH | GRAD STU/ NEW COUNS ACADEMY | MILITARY COUNSELING ACADEMY | SUBSTANCE ABUSE ACADEMY | *RETIRED COUNSELORS |
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| ROOMS | | | | | | | | | |
| Early Bird Thursday 7:30 – 8:15 | 100A- <i>The Internationalization of Professional Counseling: Some Suggestions for Counselors, Counselor Educators and Administrators</i> Dr. Daya Sandhu and Dr. Jeffrey Parsons | | 100B- <i>Range of College and Career Opportunities through ROTC</i> Christopher Rowland | 100C - Ninjas, Warriors & Other Big Energy Boys Dr. Lacreitia Dye | | | 100D – <i>Post Traumatic Epilepsy and Veterans: The Missed Diagnosis</i> John L. Mustain | | |
| Sessions 101 - 111 Thursday 8:20 – 9:10 | 101 <i>Trauma 101: An Overview of Childhood Trauma</i> Melissa Gross 102 <i>Counseling to Make Marriage Work</i> Dr. Maurice McCormick 103 <i>Understanding Communication in Dysfunctional Families</i> Dr. Larry Sexton, Katie Beard | 104 – <i>The 2014 Code of Ethics: A Review of Critical Changes The Highlights - part 1</i> Erin Martz | 105 – <i>Career and Technical Education: The VanGuard of College and Career Readiness</i> Laura Anderkin and Dr. Ken Talley | 106 – <i>Play Therapy: Building Emotional Literacy</i> Amy Holsinger 107 – <i>Survival Skills for New Counselors</i> Heather Watson | 108 – <i>LGBT Culture in Adolescents</i> Douglas Hinman, Jasmine Young and Dr. Samir Patel 109 – Room <i>How School Counselors Can Use Data</i> Joe Prather | Suggested Session: 103 – <i>New ACA Code of Ethics – part 1</i> Or Select a Session | 110 – <i>Operation Eagle Watch: Families and Military Post-deployment</i> Dr. Mary Bemker & Richard Holladay | 111– <i>Statewide Family Organization: How We Help Families</i> Joy Varney | Select A Session |
| Sessions 201 – 212 Thursday 9:20 – 10:10 | 201 <i>Trauma 101: Secondary Trauma in Child Service Work</i> Melissa Gross 202 <i>Psychological and Social Treatment of Sleep Disorders in the DSM5</i> Dr. Daniel Williamson, Dr. Jennifer Williamson | 203 - <i>The 2014 Code of Ethics: A Review of Critical Changes The Highlights - part 2</i> Erin Martz | 204 - <i>Promote Your Practice: Develop and Enhance Your School, Agency, or Private Practice Website</i> Dr. Cheryl Wolf, Dr. Stephen Kennedy 205 – <i>The Importance of “Planned Major” when Students Register for the ACT</i> Dr. Joe Dell Brasel | 206 – <i>Upstanders Club (Anti-Bullying Program)</i> Sue Stickley 207 – <i>Understanding Special Education Disability Categories and Ramifications for Schools</i> Julie Donlon | 208 – <i>A Primer on NCAA Initial Eligibility Requirements</i> Matthew Banker 209 - <i>Aggression Replacement Training (ART)</i> Marcia Lemon | Suggested Session: 203 – <i>New ACA Code of Ethics – part 2</i> Or Select a Session | 210 – <i>Mind over Matter: Psychological Barriers to Seeking Mental Health Counseling in Appalachia</i> Dr. Melinda Mays, Dr. Nicole Schnopp-Wyatt, Dr. Gary Patton, Dr. Linda Koenig and Jennifer Jeffers | 211 – <i>Isaiah House NeuroElectric Therapy (NET) Program</i> Corey Wilson & Co-presenter | Select A Session |
| 10:30 –11:30 | GENERAL | SESSION | IN | TAY/WHITLEY | | | | | |
| 11:45-1:00 | LUNCHEONS | KSCA CORONET A | LPCC/LPCA CORONET B | | EXHIBIT HALL BOX LUNCH | | | | |

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| Sessions 301 – 312 Thursday 1:20 – 2:00 | 301 <i>Crisis Management and Intervention for Mental Health Professionals</i> Dr. Kathy Walczak | 302 – <i>Preparing to be an Expert or Lay Witness</i> Dr. Imelda N. Bratton; John Wallace, J.D. Attorney | 303 - <i>The Social Side of Career</i> Dr. Amber Hughes 304 – <i>What Counselors Should Know About Gifted and Talented Students</i> Dr. Julia Link Roberts | 305 – <i>The ABC's of Play Therapy</i> Amy Holsinger 306 – <i>Integrating Sensory Strategies and Movement to Enhance Attention and Learning</i> Laura Cullens | 307 – <i>Learning to Integrate the Kentucky LLP</i> Pamela Gabbard, Jennifer Smith 308 Room Rivendell Presenter - Session to be named | 309 – <i>Thriving and Surviving: A Self-Care Toolkit for the Counseling Profession</i> Dr. Susannah Coaston Dr. Jennifer Sharp | 310 <i>Military OneSource Non-Medical Counseling and How to Help Series</i> Kathy Huck | 311 <i>Heroin and Prescription Drug Abuse: What's a Counselor to Do?!?!</i> Geoff Wilson | |
| Sessions 401 – 411 Thursday 2:10 – 3:00 | 401 - <i>Impact of Bullying on Mental Health – A Personal Story</i> Sumi Mukherjee 402 – <i>Creating Your Niche in the Counseling Industry</i> Janet Vessels | 403 – <i>The DSM5 and Best Ethical Practices-part 1</i> Dr. Ken Engrebretson | 404 – <i>ACT Aspire: Supporting Students' Path to College and Career Readiness</i> Dr. Joe Dell Brasel | 405- <i>Understanding the Misbehavior of Children</i> Dr. Larry Sexton, Katie Beard 406 – <i>Supporting LGBTQ Students</i> Jack Jacobs, Autumn Reece | 407 – <i>PREPaRE: An Overview of a School Crisis Prevention Program</i> Penny Mills, Bethanie Brogli Opell | 408– <i>N.E.T. Connection: Application to Counseling Practice</i> Dr. Mary Bemker & Richard Holladay | 409 – <i>Mindfulness: How to Focus Your Attention, Reduce Emotional Reactivity and Connect to an Inner Wisdom</i> Dr. Jan Anderson | 410 – <i>Pathological Gambling: The Hidden Addiction</i> Dr. Herbert E Newman 411 – <i>Identifying the Disease! Use, Abuse and Addictions: Treatment Modalities and Approaches</i> Wayne Hoffman | Suggested Session: 409 <i>Mindfulness: How to Focus Your Attention, Reduce Emotional Reactivity and Connect to an Inner Wisdom</i> Dr. Jan Anderson |
| Sessions 501 – 511 Thursday 3:10 – 4:00 | 501 <i>Finding Purpose on the Path to Wellness</i> Dr. Jennifer Williamson, Dr. Daniel Williamson 502 – <i>Domestic Violence in Rural Areas</i> Dr. Loretia Dye 503 <i>Depression and Suicide in the Elderly Population</i> Hannah M Coyt | 504 – <i>The DSM5 and Best Ethical Practices-part 2</i> Dr. Ken Engrebretson | 505 – <i>The Hidden Profession: Science Jobs in Abundance</i> Dr. Gary Brown | 506 – <i>Disney Pillowcase Disaster Preparedness Project (Disaster Services -American Red Cross)</i> Kim Jackson, Stinson Miller 507 – <i>When Brain Injury Comes to School</i> Eddie Reynolds | 508 – <i>Important Updates from KHEAA</i> 509 – <i>Adventure Based Counseling with Groups or Families</i> Dr. Imelda N. Bratton | 510 <i>The Discrimination Model of Clinical Supervision: Knowledge and Application of this 3X3 Matrix</i> Susan Patterson | 511– <i>Military Culture 101</i> Linda Ringleka | 512 – <i>Getting to the Second Session: Brief Strategic Approaches in Substance Abuse Counseling</i> Geoff Wilson | Suggested Sessions: 501 <i>Finding Purpose.....</i> 503 <i>Depression and Suicide</i> |
| Sessions 601 – 610 Thursday 4:10 – 5:00 | 601 <i>Helping Clients to Resolve Their Family of Origin Issues: Healing Personal, Family, and Professional Relationships</i> Dr. Daya Sandhu 602 <i>Improving Mental Health with Positive Aging</i> Dr. Jody Giles | 603- <i>Ethics 2014: Consultation and Ethical Decision Making</i> Dr. Ken Engrebretson | 604 – <i>Career Tips for Counselors: Explore, Negotiate, and Secure your Dream Job</i> Dr. Cheryl Wolf | 605 – <i>Disney Pillowcase Disaster Preparedness Project cont.</i> Kim Jackson, Stinson Miller 606 – <i>Grief 101: Working with Children who are Grieving the Loss of a Loved One</i> Jodi Allen | 607 – <i>The Professional Growth and Effectiveness System for School Counselors (OPGES)</i> Jennifer Smith KDE 608 <i>What's New in Infinite Campus?</i> Lisa Rhoton | 609 – <i>Systemic Principles of Balance in Therapy and Life</i> Dr. Gary Patton | 610 - <i>Practical Utilization of the Military Success Model</i> Dr. Neil Duchac; Jill Minor, NKU | 611 – <i>Don't Let the One Red Light Fool Ya: Making Big Changes</i> Kelli Long & Amy Hutchinson 612 – <i>Unforeseen Consequences of Synthetic Marijuana Use</i> Dr. Mary Bemker & Richard Holladay | Suggested Sessions: 602 <i>Improving Mental Health with Positive Aging</i> Dr. Jody Giles 609 <i>Principles of Balance in Therapy and Life</i> Dr. Gary Patton |

| 5:00 - 5:15 | Exhibit | Hall | Prize | Drawings | | Silent | Auction | | |
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| 5:20 – 6:30 Meetings | KMHCA Meeting TBA | | KACES TBA | | | | | | |
| FRIDAY | | | | | | | | | |
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| ROOMS | | | | | | | | | |
| EARLY BIRD Friday 7:30 – 8:15 | 700A - <i>Publishing in the Journal of Counseling & Development</i> Dr. Richard S. Balkin | 700B - <i>Competencies in Supervision</i> David C. Maynard | 700C - <i>Creativity in Career Counseling</i> Dr. Amber Hughes | | 700D - <i>Activity Therapy with Adolescents</i> Lena Kline | | | 700E - <i>Application of Neurolinguistic Programming: Treatment and Relapse Prevention of Addictive Behaviors</i> Dr. Daya Sandhu; Edwin Gunberg | |
| Sessions 701-710 Friday 8:20 – 9:10 | 701 – <i>DSM5: A Paradigm Shift</i> Aaron Frye 702 <i>A Profession in Pain: Some Self-Care Strategies for Mental Health Counselors</i> Dr. Daya Sandhu; Susan Patterson Patrice McCarter | 703 – <i>When Ethical Boundaries Soften..... part 1</i> Dr. Mary Bemker & Richard Holladay | 704 – <i>Not Your Parent's</i> Mary Taylor | 705 – <i>Effects of Biculturally Focused Counseling on Latino Middle School Students</i> Callie Martin, Dr. Susana Contreras Bloomdahl 706 – Room <i>Interventions to Use with Parents of Challenging Adolescents: Brief Strategic Family Therapy</i> Lena Kline | 707 – <i>STEM: Fueling the Future</i> Jan Tkaczyk 708- Room <i>Wit and Wisdom for Counselor Leaders</i> Patricia Hurt | 709- <i>Counseling the Culturally Diverse: Arab-Americans</i> Stacy Crick, Natalie Riggs and Dr. Samir Patel | 710 – <i>Military Culture 101</i> Linda Ringleka | 711 – <i>Special Issues in Substance Abuse in Rural Kentucky</i> Dr. Kathy Walczak | Suggested Sessions: 702 <i>A Profession in Pain: Some Self-Care Strategies</i> Dr Daya Sandhu, Susan Patterson, Patrice McCarter 708- <i>Wit and Wisdom for Counselor Leaders</i> Patricia Hurt |
| Sessions 801-810 Friday 9:20 – 10:10 | 801 – <i>Experiencing Solution-Focused Guided Imagery</i> Dr. Gerald Sklare 802 – <i>Guided Imagery for Groups</i> Dr. Rebecca Pender | 803 – <i>When Ethical Boundaries Soften.....part 2</i> Dr. Mary Bemker & Richard Holladay 804 – <i>Preparing to be an Expert or Lay Witness</i> Dr. Imelda N. Bratton; John Wallace, J.D. Attorney | 805 – <i>Financial Aid Policy Changes Means Early Career Development</i> Elizabeth M. Cole, Leslie Bays | 806 – <i>Filling Up Your Elementary Toolbox – Strategies for the Intensive Student</i> Christina Frederiksen | 807 – <i>The Professional Growth and Effectiveness System for School Counselors (OPGES)</i> Jennifer Smith KDE 808– <i>School Counseling with a Social Justice Lens</i> Michelle Sircy, Damien Sweeney | Select A Session | 809- <i>PTSD and Body-Based Therapies</i> Dr. Jason Bluemlein | 810 – <i>Fetal Alcohol Spectrum Disorders: 1 in 100</i> Laura Nagle | 811 - <i>What Happened to My Retirement in the 2014 Legislative Session?</i> Dr. Bob Wagoner Mr. Gary Harbin |

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| 10:30 - 12:00 | Awards Brunch | In | CROWNE A | | | | | | |
| 1:00 - 4:00 | Free Post Conference <i>Helping Everyone Achieve Respect: Minimizing Bullying and Improving School Climate</i> Mackenzie Hanes | | | | | | | | |